

Dear Parents and Caregivers:

Welcome to the Social Skills Groups at Breakthrough Behavior. We have a great session planned for your child and look forward to your participation!

Our groups follow a guided Social Skills curriculum through the TeachTown® program. TeachTown® Social Skills offers a comprehensive curriculum with a focus on increasing emotional intelligence and building self-management abilities. This program utilizes evidence-based practices, such as video modeling, Peer-Mediated Instruction and Intervention, and visual supports to teach appropriate, positive social skills and replacement behaviors. TeachTown® Social Skills includes:

- Teacher-driven lesson plans that encourage the participants to practice the appropriate social skills in the school and home setting along with their peers
- Interactive activities to build comprehension
- An online Comic Strip Builder where students can build their own social comics.

Groups lessons and activities will focus on the following domains:

- Reciprocal Communication
- Appropriate Language Use
- Self-Regulation Strategies
- Confidence
- Problem-Solving
- Safety
- Friendship
- Following Rules

Our social skills groups are held each quarter with each session lasting 10 weeks.

Rates for Social Skills Groups

- Session per participant
- Each additional child in household
 \$100

To register your child for the upcoming session, please complete the Social Skills Group Application and submit with payment in full. Space is limited! Please contact our Social Skills Coordinator at <u>socialskills@breakthroughbehavior.com</u> with any additional questions.

\$200

We look forward to having your child participate in our group.

Warmest regards,

Hargen Harce

Maegen Pierce, M.A. BCBA Founder and CEO



| Office Use Only | | |
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| Amount Paid: Date: | | |

Personal Information

| Participant's Name: | | | |
|---------------------|--------------|------------------------|---------|
| DOB: | Grade: | Age: | Gender: |
| Address: | City: | State: | Zip: |
| Diagnosis: 🗆 Autism | □ Asperger's | Developmental Delay | Other: |

| Parent/Legal Gua | rdian Information | | |
|------------------|-------------------|---------------|------|
| Parent #1 Name: | | Relationship: | |
| Address: | City: | State: | Zip: |
| Email: | | Phone Numbe | er: |
| Parent #2 Name: | | Relationship: | |
| Address: | City: | State: | Zip: |
| Email: | | Phone Numbe | er: |

| What social skills group would you like your child to participate in? | | | |
|---|----------------------------|-----------------------|--|
| 🗆 Beginner (Ages 5-8) | 🗆 Intermediate (Ages 8-12) | Advanced (Ages 12-16) | |

| Emergency Contact Name: | | | |
|-------------------------|---------|---------|--|
| Relationship: | Home #: | Cell #: | |

| Physician's Name: |
|-----------------------------|
| Current Medications: |

Allergies:

Food Restrictions:

Other:

In case of an emergency, I understand that every effort will be made to contact me or the contact person listed above. If I cannot be reached, I understand that Breakthrough Behavior staff will use a standard 911 emergency protocol and have my child taken to the nearest hospital.

Signature of Parent/Guardian:

Date:

Phone #:



Participant Name: _____

Please help us get to know your child by providing us with the following information.

Support Network Is your child receiving any of the following services? □ Applied Behavior Analysis (ABA) Therapy □ Speech Therapy Occupational Therapy □ Other: **School Information** School Name: District: School Type: Home School Private School Public School Does your child have an Individual Education Plan (IEP)? Ves No What type of classroom is your child in? Mainstream Inclusion Self-Contained Other Does your child have a 1:1 classroom assistant? Has your child had experience (past or present) with any of the following: □ Visual Schedules Chewing Gum □ First/Then Boards Headphones □ Social Stories □ Relaxation protocols □ Work Systems □ Weighted materials Other:

What are your child's favorite activities or interests (movies, characters, foods, games, music)?

Does your child have any specific dislikes (sounds, smells, touch, movement, etc.)?

<u>Social Emotional</u> (Please check all that apply to your child) My child has difficulty:

□ Engaging in play or leisure activities with peers

- □ Taking turns/sharing
- □ Maintaining personal space of self/others
- Commenting on the environment to others (describes, labels, names)
- □ Engaging in activities that are not highly preferred
- □ Recognizing how his/her behavior affects others
- □ Identifying problems/conflicts
- □ Recognizing his/her own emotions
- □ Identifying solutions and potential consequences to problems/conflicts
- □ Recognizing other's emotions
- Utilizing appropriate coping strategies when upset



<u>Communication Level</u> (check all that apply to your child)

My child:

- 🗆 Is verbal
- 🗆 Is nonverbal
- Uses an augmentative communication system/device (please specify):
- □ Follows verbal/nonverbal directions
- □ Utilizes visual supports to follow directions
- 🗆 Indicates his/her likes and dislikes
- □ Makes requests for his/her basic wants and needs

Challenging Behaviors (check all that apply to your child and describe as needed)

My child may:

🗆 Run away

- Act aggressively towards self/others: ______
- □ Shut down/withdrawal
- Be non-compliant
- □ Inappropriately touch self/others
- 🗆 Is self-injurious: _____
- 🗆 Other: ____

Sensory (check all that apply to your child)

My child:

- □ Avoids or seeks touch from others (indicate which one by circling)
- Avoids or seeks messy play such as playdoh, glue, paint (indicate which one by circling)
- □ Plays rough in leisure play
- □ Avoids participation in sports or active games
- Craves or avoids movement (indicate which one by circling)
- □ Seems in be in constant motions (loves spinning, swinging, being upside down)
- Cannot process or tolerate extremes of intensity such as color, light, etc.
- □ Is over or under sensitive to sounds (indicate which one by circling)
- □ Eats non-edible items
- □ Dislikes strong smells or tastes



Agreement for Payment

Breakthrough Behavior provides social skills groups and specialized treatment for children through established fee structures. The fee is \$200 per session (includes 10 weeks). \$50.00 will go to a NONREFUNDABLE DEPOSIT. The total fee will be prorated in the event that your child is placed in a group after the start date of that session. Additional fees (such as material costs, outings, etc.) may apply depending on the specific group. You will be notified at the time of placement.

PLEASE NOTE: Payment is due two weeks prior to first day.

Method of Payment for \$200 Session Fee

| Check | 🗆 Money Order | Amount enclosed: | |
|---|---------------|------------------|-------|
| Credit Card # | | Exp. Date: | CVV: |
| Cardholder's Name: | | | |
| Cardholder's Billing Ad | dress: | | |
| | | | |
| I authorize Breakthrough Behavior to process my payment as indicated above. | | | |
| Parent/Guardian Signc | ture: | | Date: |